

RADFORD PARKS AND RECREATION DEPARTMENT 2019-20 MIDGET GIRLS BASKETBALL SCHEDULE

TEAMS

1. Lady Cats – *Angie Austin* – 629-4029
2. Stars – *Matt Gaither* – 641-3151

3. LSU – *Charlie Meeks* – 835-4501
4. Awesome Blossoms – *Nikole Rollins* – 818-2176

<u>DATE</u>	<u>TIME</u>	<u>TEAMS</u>	<u>COURT</u>	<u>DATE</u>	<u>TIME</u>	<u>TEAMS</u>	<u>COURT</u>
Monday Dec. 2nd	5:30 6:30	1 – 4 2 – 3	2 2	Saturday Dec. 7th	9:00 10:00	3 – 4 1 – 2	2 2
Monday Dec. 9th	5:30 6:30	1 – 3 2 – 4	2 2	Saturday Dec. 14th	12:00 1:00	2 – 3 1 – 4	1 1
Monday Dec. 16th	5:30 6:30	3 – 4 1 – 2	2 2	Saturday Jan. 4th	12:00 1:00	2 – 4 1 – 3	1 1
Monday Jan. 6th	5:30 6:30	1 – 4 2 – 3	2 2	Saturday Jan. 11th	12:00 1:00	1 – 2 3 – 4	1 1
Monday Jan. 13th	5:30 6:30	1 – 3 2 – 4	2 2				

INCLEMENT WEATHER DATES TBA

RADFORD PARKS AND RECREATION DEPARTMENT

MIDGET LEAGUE BASKETBALL RULES AND REGULATIONS

1. The league will be for players who have reached their 9th, but not 11th birthday by January 1, 2020.
2. Coaches must stay in coaches' box during games.
3. Games will consist of four quarters of six minutes each with the clock stopping as in regulation play.
4. Each team will be granted 2 time-outs per half and 1 for overtime. Time-outs may not be carried over.
5. Five personal fouls will disqualify a player from regulation play.
6. OVERTIME: There will be 1, 3-minute overtime with no change of baskets. For the last minute, if the teams are within 4 points, teams may full-court press. If the game is still tied after overtime, a sudden death period will be played and the first team to score by a field goal or on a free throw will be the winner.
7. The alternate jump ball rule will be in effect with a jump ball starting the game, overtime, and sudden death period.
8. After a player has scored their 15th point during regulation play, they must be removed from the game and may not re-enter during regulation play. They may re-enter during overtime and score 4 additional points. IT IS NOT THE RECREATION DEPARTMENT'S POLICY TO LET THE BETTER PLAYERS ATTEMPT TO "SCORE OUT" IN GAMES THAT ARE NOT CLOSE.
9. Foul shots will be shot from the free throw line. The 3-second lane violation rule will be assessed from the entire free throw line.
10. The junior size basketball will be used with the regulation basket.
11. Teams may press the last minute of each quarter and teams up by 10 points or more will not be allowed to press. During all other times, teams must drop back three feet past the half-court line and give the offense a chance to bring the ball over half court.
12. **Players must play at least 2 full minutes in each of the 4 quarters.** The clock will stop with two minutes in each quarter or as close to two minutes as possible and all players who have not played at least two full minutes in that quarter must enter the game. Once a player enters the game, he/she must remain in the game until their 2 minutes have expired. Scorekeepers will enforce this rule and keep track with player's time. All players who attend practice regularly must play at least two full minutes in each of the four quarters. Please notify the scorekeeper before the game if a player has missed the majority of practices and will not be playing.
13. The one-and-one bonus free throw is on the 7th team foul.
14. **SPORTSMANSHIP** in any program must remain a top priority for coaches, players, and spectators. Especially in youth programs, a coach's attitude and conduct will often be passed down to the players. All coaches are expected to maintain a positive approach to officials, opposing coaches, and players. If a coach disagrees with an official's call, they may discuss this with the official during a time-out. Never should any coach harass or argue with the officials. If a coach has a problem with an official, we will be glad to discuss this with the coach. Our officials are not professionals, but are trying to referee to the best of their ability.
15. **NO OTHER BASKETBALLS ARE ALLOWED IN THE GYM DURING ORGANIZED BASKETBALL PRACTICES AND GAMES, EXCEPT THOSE BEING USED FOR GAMES AND/OR PRACTICES.**
16. Neither teams nor spectators are allowed to dribble balls behind the bleachers during practices and/or games.
17. Only WATER will be allowed in the gym during games.
18. Absolutely NO jewelry will be allowed on players during organized league games.
19. **EVERYONE (PLAYERS, SPECTATORS, COACHES, ETC.) MUST CHECK IN AT THE FRONT DESK WHEN COMING TO PRACTICES AND/OR GAMES.** Members of the Radford Recreation Center should use their ID number when checking in.